



**India Meteorological Department
(Ministry of Earth Sciences)
National Bulletin NO. 5 (BOB/07/2026)**

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Subject: Deep Depression has crossed the Myanmar coast and lay over coastal Myanmar

The Deep Depression over north Andaman Sea & adjoining Myanmar coast moved north-northwestwards with a speed of 13 kmph during past 6 hours and crossed the Myanmar coast closed to east of Kyaikto during 1930 hrs to 2130 hrs IST of yesterday, the 28th September 2026, as a Deep Depression with maximum sustained wind speed of 50-60 kmph gusting to 70 kmph. Thereafter, it moved north-northwestwards and lay centred at 2330 hrs IST of yesterday, the 28th September 2026 over the coastal Myanmar near latitude 17.6°N and longitude 96.8°E, about 40 km north-northwest of Kyaikto (Myanmar), 40 km northeast of Bago (Myanmar), 110 km northeast of Yangon (Myanmar), 150 km south-southeast Toungoo (Myanmar) and 210 km southeast of Pyay (Myanmar).

It is likely to continue to move further north-northwestwards across coastal Myanmar and adjoining Eastcentral & Northeast Bay of Bengal and southeast Bangladesh during next 2 days.

Forecast track and intensity are given in the following table:

Date/Time (IST)	Position (Lat. °N/ Long. °E)	Maximum Sustained Surface Wind Speed (Kmph)	Category Of Cyclonic Disturbance
28.09.26/2330	17.6/96.8	50-60 gusting 70	Deep Depression
29.09.26/0530	18.1/96.6	45-55 gusting 65	Depression
29.09.26/1130	18.7/96.4	45-55 gusting 65	Depression
29.09.26/1730	19.8/95.9	40-50 gusting 60	Depression
29.09.26/2330	20.5/95.6	40-50 gusting 50	Depression
30.09.26/1130	21.9/95.0	30-40 gusting 50	Well Marked Low Pressure Area

Warnings:

(i) Rainfall Warning:

- ❖ Light to moderate rainfall at most places with isolated heavy rainfall very likely over Andaman & Nicobar Islands on 29th September.

- ❖ Light to moderate rainfall at many places with isolated heavy rainfall very likely over Mizoram & Tripura on 29th & 30th September.

(ii) Wind warning:

- ❖ Squally weather with wind speed reaching 50-60 kmph gusting to 70 kmph is prevailing over Andaman Sea, along & off Myanmar coast and Andaman Islands and likely to decrease becoming 45-55 kmph gusting to 65 kmph by morning and 40-50 kmph gusting to 60 kmph by evening of 29th September, 2026. It is likely to decrease thereafter.
- ❖ Squally weather with wind speed reaching 45-55 kmph gusting to 65 kmph is prevailing adjoining areas of Eastcentral Bay of Bengal and along & off Myanmar and it is likely to decrease from morning of 29th September becoming 40-50 kmph gusting 60 kmph from 29th night till 30th September evening and gradually decrease thereafter.
- ❖ Squally weather with wind speed reaching 40-50 kmph gusting to 60 kmph over northeast Bay of Bengal and along & off Bangladesh coasts during 29th to 30th September, 2026.

(iii) Sea condition:

- ❖ Rough to very Rough Sea condition is very likely over Andaman Sea & adjoining areas of Eastcentral Bay of Bengal and along & off Myanmar coast till 29th September evening. Thereafter, rough to very rough sea condition is likely over costal Myanmar and adjoining areas of Eastcentral till 30th September evening.
- ❖ Rough to very Rough Sea Condition is likely along & off Myanmar - Bangladesh coasts & adjoining areas of northeast Bay of Bengal during 29th to 30th September, 2026.

(iv) Fishermen warnings:

Fishermen are advised not to venture into Andaman Sea & adjoining areas of southeast Bay of Bengal and along & off south Myanmar coast till 29th September morning and along & off Myanmar coast and adjoining areas of Eastcentral Bay of Bengal from 29th morning to 30th September evening and along & off Bangladesh coast & adjoining areas of northeast Bay of Bengal during 29th to 30th September, 2026.

(v) Impact expected & Action Suggested (Andaman Islands, Mizoram and Tripura for squally wind & heavy rainfall):

Impact expected:

- ❖ Breaking of tree branches, uprooting of small trees like banana, papaya, drum sticks.
- ❖ Strong wind and rain may damage plantation, horticulture and standing crops.
- ❖ Partial damage to vulnerable structures due to strong winds and rain.
- ❖ There could be localised landslides, mudslides, landslips in hilly areas and water logging, inundation and flooding over low-lying areas.
- ❖ Onshore and offshore operations may get affected.
- ❖ Small ships, trawlers and boats may be affected.
- ❖ Occasional reduction in visibility due to heavy rainfall.
- ❖ Helicopter services may get affected.

Action suggested:

- ❖ People are advised to keep a watch on the weather for worsening conditions and be ready to move to safer places accordingly.
- ❖ Surface transport may be regulated.
- ❖ Fishing operation may be suspended.
- ❖ Tourism and recreational activities to be regulated.
- ❖ Onshore and offshore activities to be judiciously regulated.
- ❖ Helicopter services to be regulated.

Next bulletin will be issued at 0930 hours IST of today, the 29th September, 2026.

**(Dr Suprit Kumar)
IMD, New Delhi**

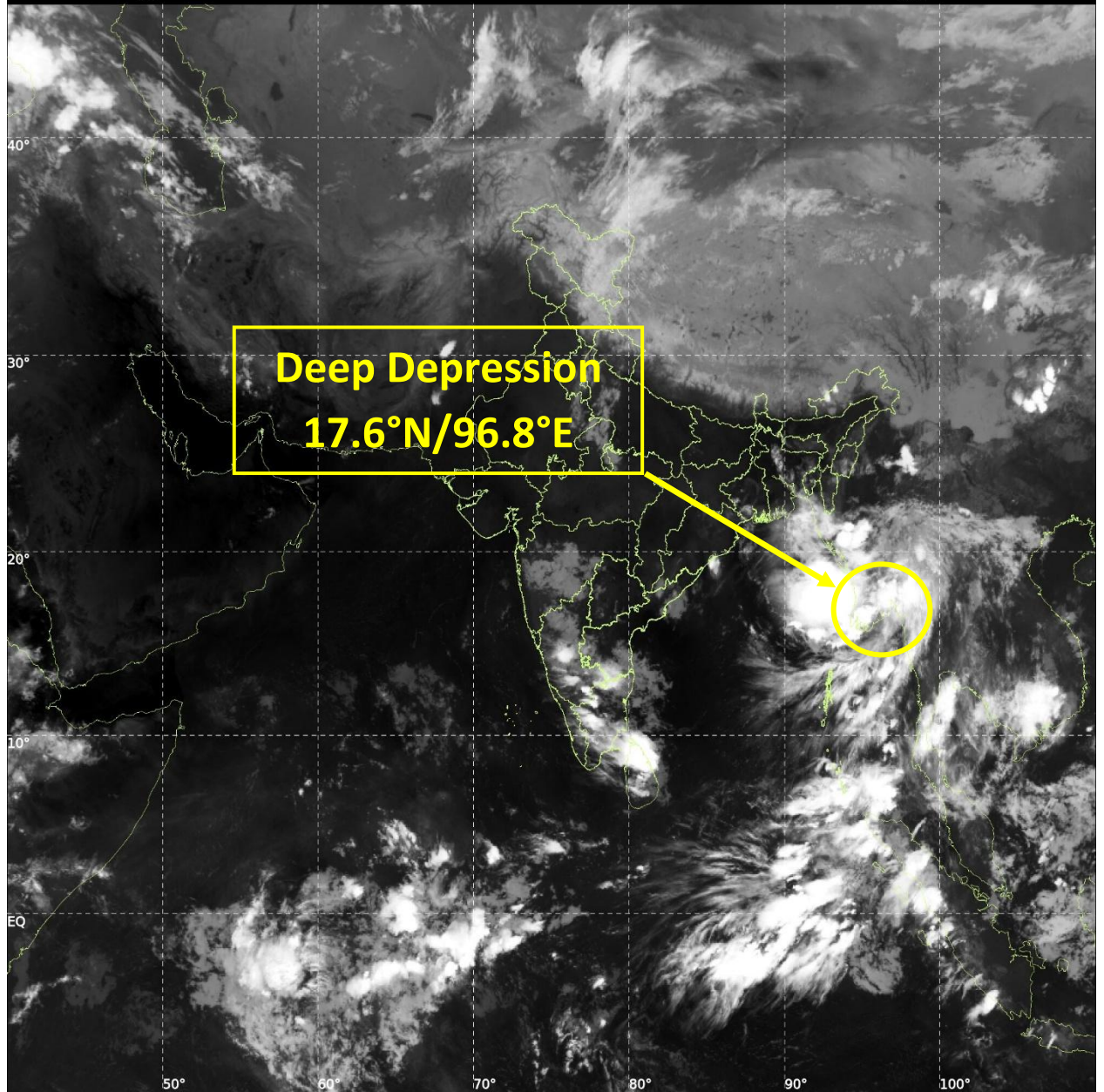
Copy to: ACWC Kolkata/ACWC Chennai/CWC Bhubaneswar/CWC Vishakhapatnam/Regional Meteorological Centre –Kolkata, Chennai/ Meteorological Centre Vijayapuram/ Amaravati



INSAT-3DS IMG, Thermal Infrared1 Count @ 10.83 μm
GMT:28-09-2026/(1800-1827) IST:28-09-2026/(2330-2357)
L1C MERCATOR (LINEAR STRETCH: 1%)

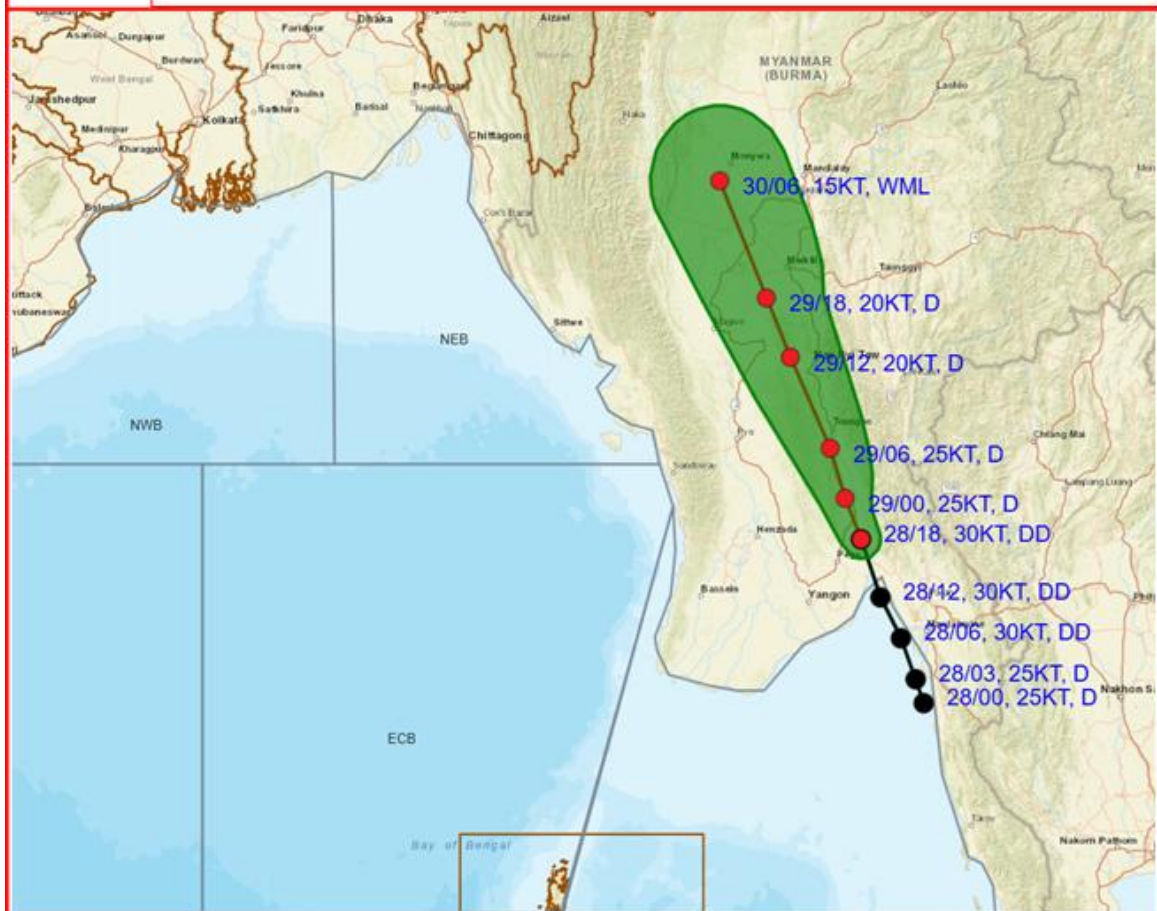
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903





OBSERVED AND FORECAST TRACK OF DEEP DEPRESSION OVER COASTAL MYANMAR BASED ON 1800 UTC (2330 Hrs. IST) OF 28TH SEPTEMBER 2026



DATE/TIME IN UTC

IST= UTC + 0530

L: LOW PRESSURE AREA

WML: WELL MARKED LOW PRESSURE AREA

D: DEPRESSION (17-27 KT)

DD: DEEP DEPRESSION (28-33 KT)

CS: CYCLONIC STORM (34-47 KT)

SCS: SEVERE CYCLONIC STORM (48-63 KT)

VSCS: VERY SEVERE CYCLONIC STORM (64-89 KT)

ESCS: EXTREMELY SEVERE CYCLONIC STORM (90-119 KT)

SuCS: SUPER CYCLONIC STORM (≥120 KT)

● LESS THAN 34 KT

● 34-47 KT

● ≥ 48 KT

— OBSERVED TRACK

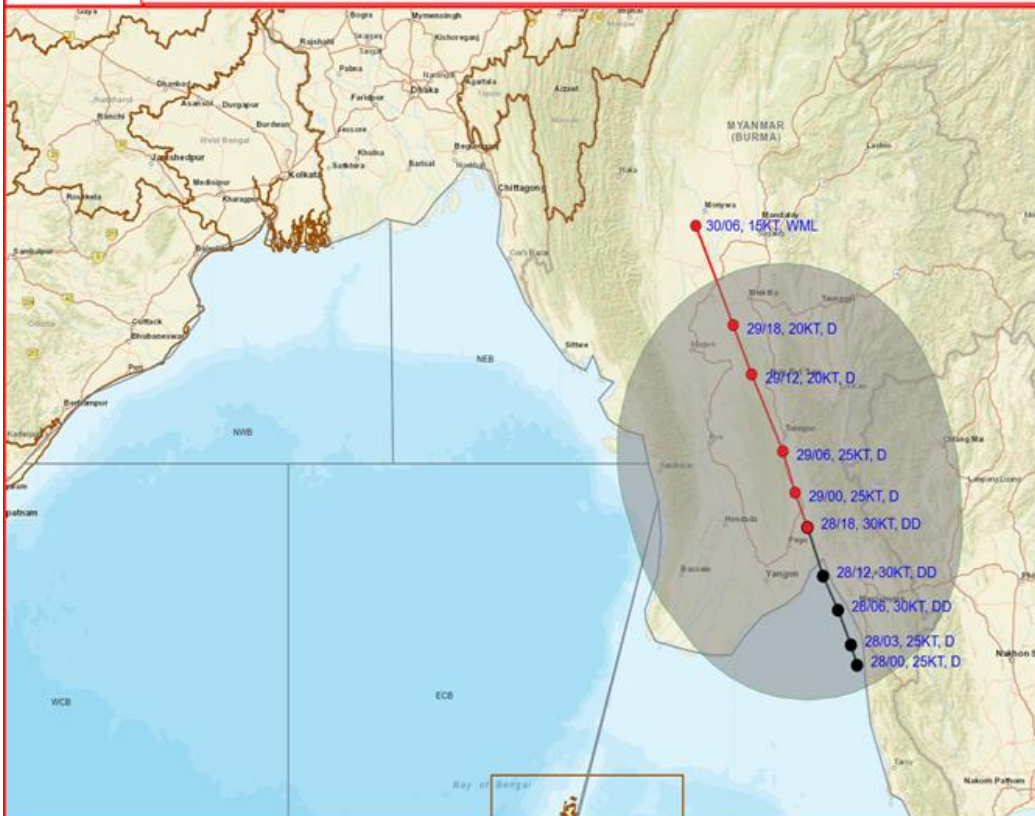
— FORECAST TRACK

▲ CONE OF UNCERTAINTY

				Forecast distance (km) and direction of the centre from nearest 5 stations				
Forecast Date and Time	Lead Period (hrs)	Lat	Lon	Station 1	Station 2	Station 3	Station 4	Station 5
28.09.2026 18:00 UTC	0	17.6	96.8	KYAIKTO (40, NNW)	BAGO (40, NE)	YANGON (110, NE)	TOUNGGOO (150, SSE)	PYAY (210, SE)



OBSERVED AND FORECAST TRACK ALONGWITH QUADRANT WIND DISTRIBUTION OF DEEP DEPRESSION OVER COASTAL MYANMAR BASED ON 1800 UTC (2330 Hrs. IST) OF 28TH SEPTEMBER 2026



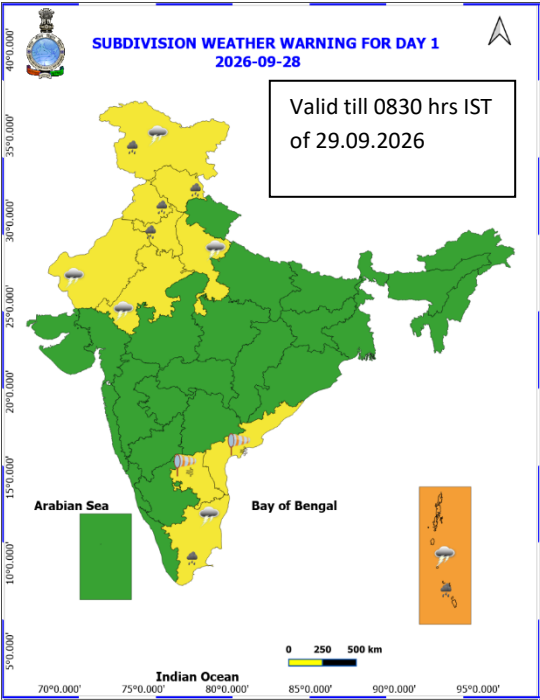
DATE/TIME IN UTC
 IST= UTC + 0530
 L: LOW PRESSURE AREA
 WML: WELL MARKED LOW PRESSURE AREA
 D: DEPRESSION (17-27 KT)
 DD: DEEP DEPRESSION (28-33 KT)
 CS: CYCLONIC STORM (34-47 KT)
 SCS: SEVERE CYCLONIC STORM (48-63 KT)
 VSCS: VERY SEVERE CYCLONIC STORM (64-89 KT)
 ESCS: EXTREMELY SEVERE CYCLONIC STORM (90-119 KT)
 SuCS: SUPER CYCLONIC STORM (≥ 120 KT)

● LESS THAN 34 KT
 34-47 KT
 ≥ 48 KT
 OBSERVED TRACK
 FORECAST TRACK
 CONE OF UNCERTAINTY
 AREA OF MAXIMUM SUSTAINED WIND SPEED:
 28-33 KT (52-61 KMPH)
 34-49 KT (62-91 KMPH)
 50-63 KT (92-117 KMPH)
 ≥ 64 KT (≥ 118 KMPH)

IMPACT OVER THE SEA

MSW (knot/kmph)	Impact	Action
28-33 (52-61)	Very rough seas	Total suspension of fishing operations
34-49 (62-91)	High to very high seas	Total suspension of fishing operations
50-63 (92-117)	Very high seas	Total suspension of fishing operations
≥ 64 (≥ 118)	Phenomenal	Total suspension of fishing operations

Weather Warning Graphics



- | | | |
|----------------------|----------------------|--------------|
| Fog | Heavy Snow | Cold Wave |
| Heavy Rain | Dust Storm | Cold Day |
| Very Heavy Rain | Heat Wave | Ground Frost |
| Extremely Heavy Rain | Warm Night | |
| Thunder & Lightning | Hot Day | |
| Hailstorm | Hot & Humid | |
| Dust Raising Winds | Strong Surface Winds | |

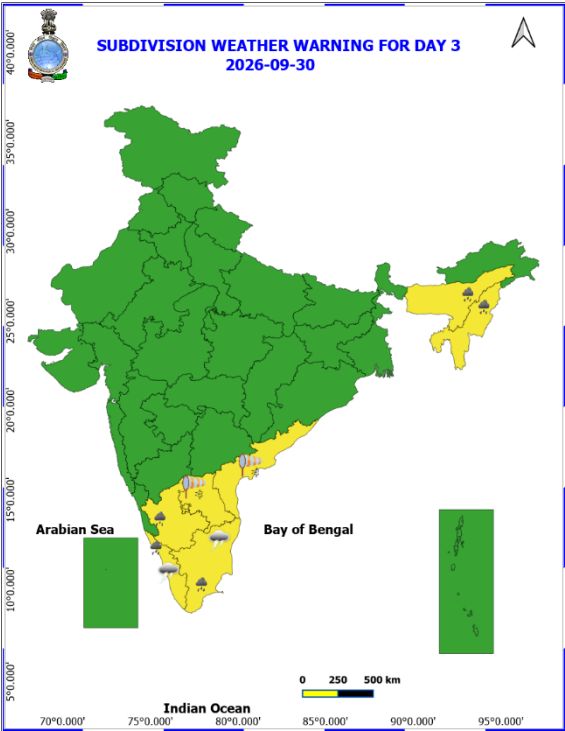
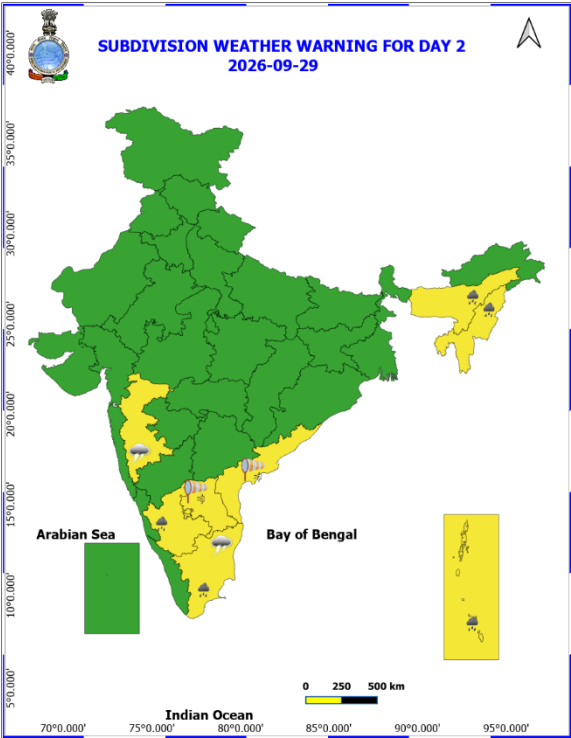
COLOUR CODED WARNING

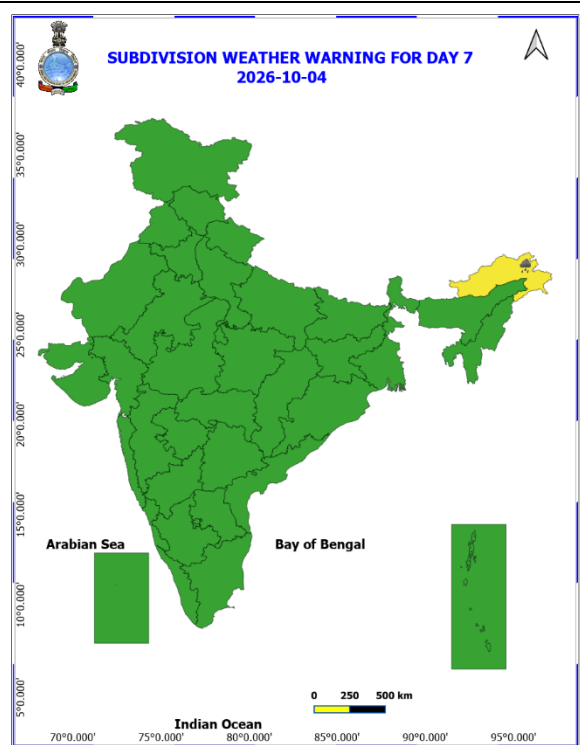
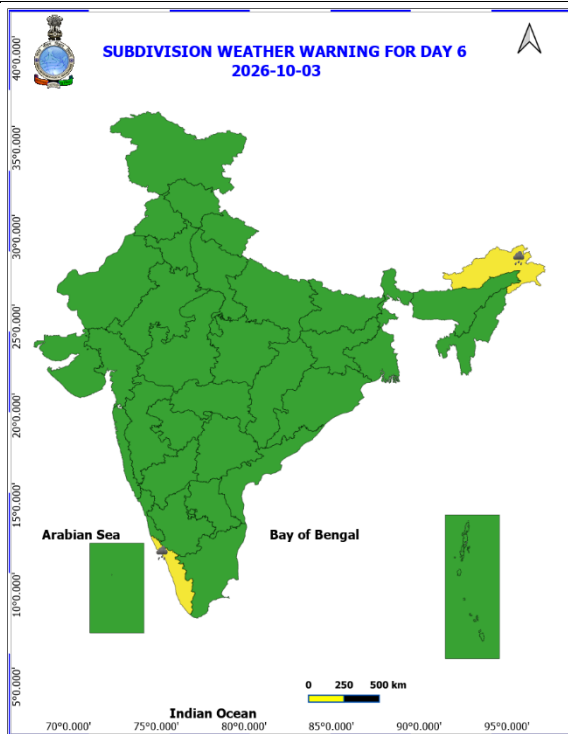
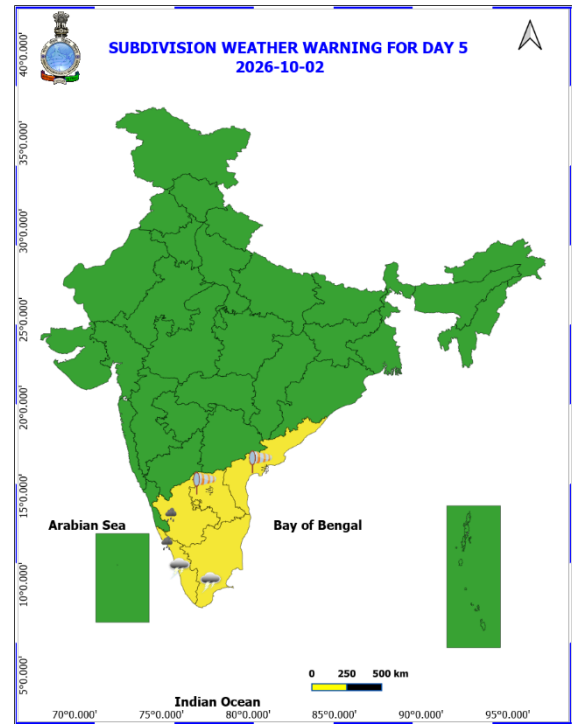
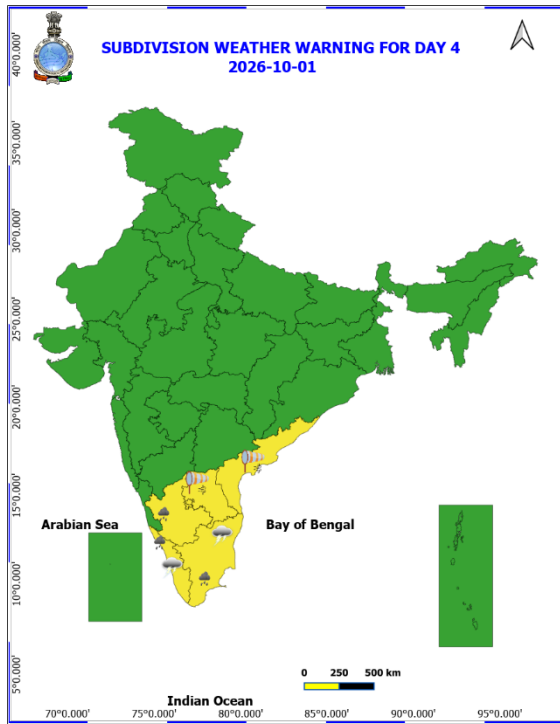
No Warning (No Action)

Watch (Be Aware)

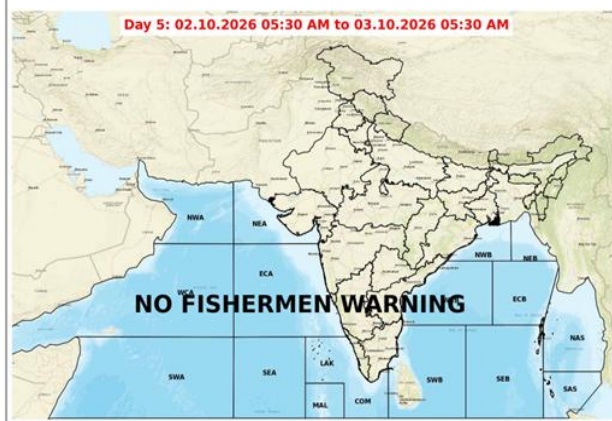
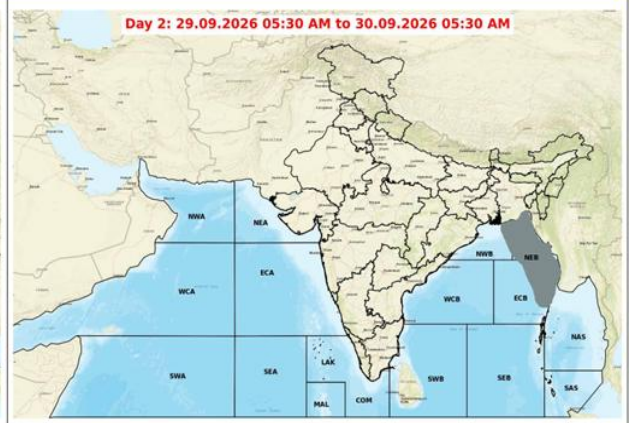
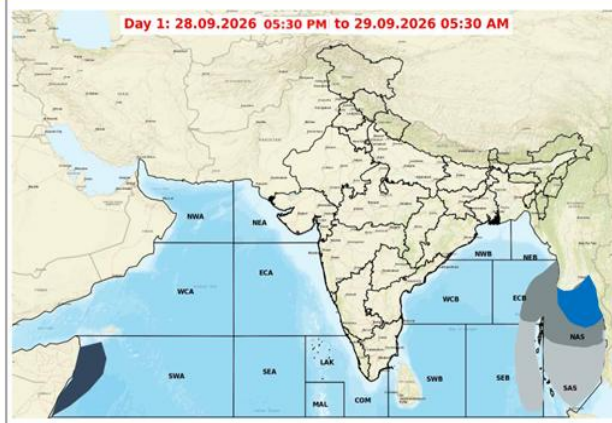
Alert (Be Prepared To Take Action)

Warning (Take Action)





Fishermen Warning Graphics



Legend

- | | |
|---|---|
| Squally Weather with wind speed 35-45 kmph gusting to 55 kmph | Squally wind with speed 55-65 kmph gusting to 75 kmph |
| Squally Weather with wind speed 40-50 kmph gusting to 60 kmph | CS with Gale winds with speed 60-80 kmph gusting to 90 kmph |
| Squally Weather with wind speed 45-55 kmph gusting to 65 kmph | SCS with Gale wind speed 90-110 kmph gusting to 120 kmph |
| Squally wind with speed 45-55 kmph gusting to 65 kmph | VSCS with Gale wind speed 120-165 kmph gusting to 185 kmph |
| Squally wind with speed 50-60 kmph gusting to 70 kmph | ESCS with Gale wind speed 165-220 kmph gusting to 245 kmph |

Fishermen are advised not to venture into the marked areas.