



**India Meteorological Department
(Ministry of Earth Sciences)
National Bulletin NO. 10 (BOB/07/2026)**

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DATED: 30.09.2026

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Subject: Depression over coastal Myanmar and adjoining Northeast Bay of Bengal & southeast Bangladesh

The Depression over coastal Myanmar and adjoining Northeast Bay of Bengal & southeast Bangladesh moved north-northwestwards with a speed of 13 kmph during past 6 hours and lay centred at 2330 hrs IST of yesterday, the 29th September 2026 over the same region near latitude 21.4°N and longitude 94.0°E, close to Mindat (Myanmar), about 140 km south-southeast of Hakha (Myanmar), 250 km east-southeast of Chittagong (Bangladesh), 310 km south-southeast of Lengpui (Mizoram, India) and 370 km south of Imphal (Manipur, India).

It is very likely to move north-northwestwards and weaken into a well-marked low-pressure area over coastal Myanmar and adjoining southeast Bangladesh & Northeast Bay of Bengal during next 12 hours. Thereafter, it is very likely to continue to move further north-northwestwards towards southeast Bangladesh and adjoining areas of Myanmar, Mizoram, Tripura & Northeast Bay of Bengal and weaken gradually during subsequent 24 hours.

Warnings:

(i) Rainfall Warning:

- ❖ Light to moderate rainfall at many places with isolated heavy rainfall very likely over Assam & Meghalaya, Nagaland, Mizoram & Tripura on 30th September.

(ii) Wind warning:

- ❖ Squally weather with wind speed reaching 40-50 kmph gusting to 60 kmph over northeast Bay of Bengal and along & off Myanmar-Bangladesh coast till morning of 30th September, 2026 and decrease gradually thereafter.

(iii) Sea condition:

- ❖ Rough to moderate sea condition is very likely over adjoining areas of Northeast Bay of Bengal and along & off Myanmar – Bangladesh coasts till morning of 30th September and improve gradually thereafter.

(iv) Fishermen warnings:

Fishermen are advised not to venture into northeast Bay of Bengal and along & off Myanmar-Bangladesh coasts till 30th September, 2026.

(v) Impact expected & Action Suggested (Assam & Meghalaya, Nagaland, Mizoram and Tripura for squally winds & heavy rainfall):

Impact expected:

- ❖ Breaking of tree branches, uprooting of small trees like banana, papaya, drum sticks.
- ❖ Strong wind and rain may damage plantation, horticulture and standing crops.
- ❖ Partial damage to vulnerable structures due to strong winds and rain.
- ❖ There could be localised landslides, mudslides, landslips in hilly areas and water logging, inundation and flooding over low-lying areas.
- ❖ Onshore and offshore operations may get affected.
- ❖ Small ships, trawlers and boats may be affected.
- ❖ Occasional reduction in visibility due to heavy rainfall.
- ❖ Helicopter services may get affected.

Action suggested:

- ❖ People are advised to keep a watch on the weather for worsening conditions and be ready to move to safer places accordingly.
- ❖ Surface transport may be regulated.
- ❖ Fishing operation may be suspended.
- ❖ Tourism and recreational activities to be regulated.
- ❖ Onshore and offshore activities to be judiciously regulated.
- ❖ Helicopter services to be regulated.

Next bulletin will be issued at 0830 hours IST of today, the 30th September, 2026.

**(Shashi Kant)
IMD, New Delhi**

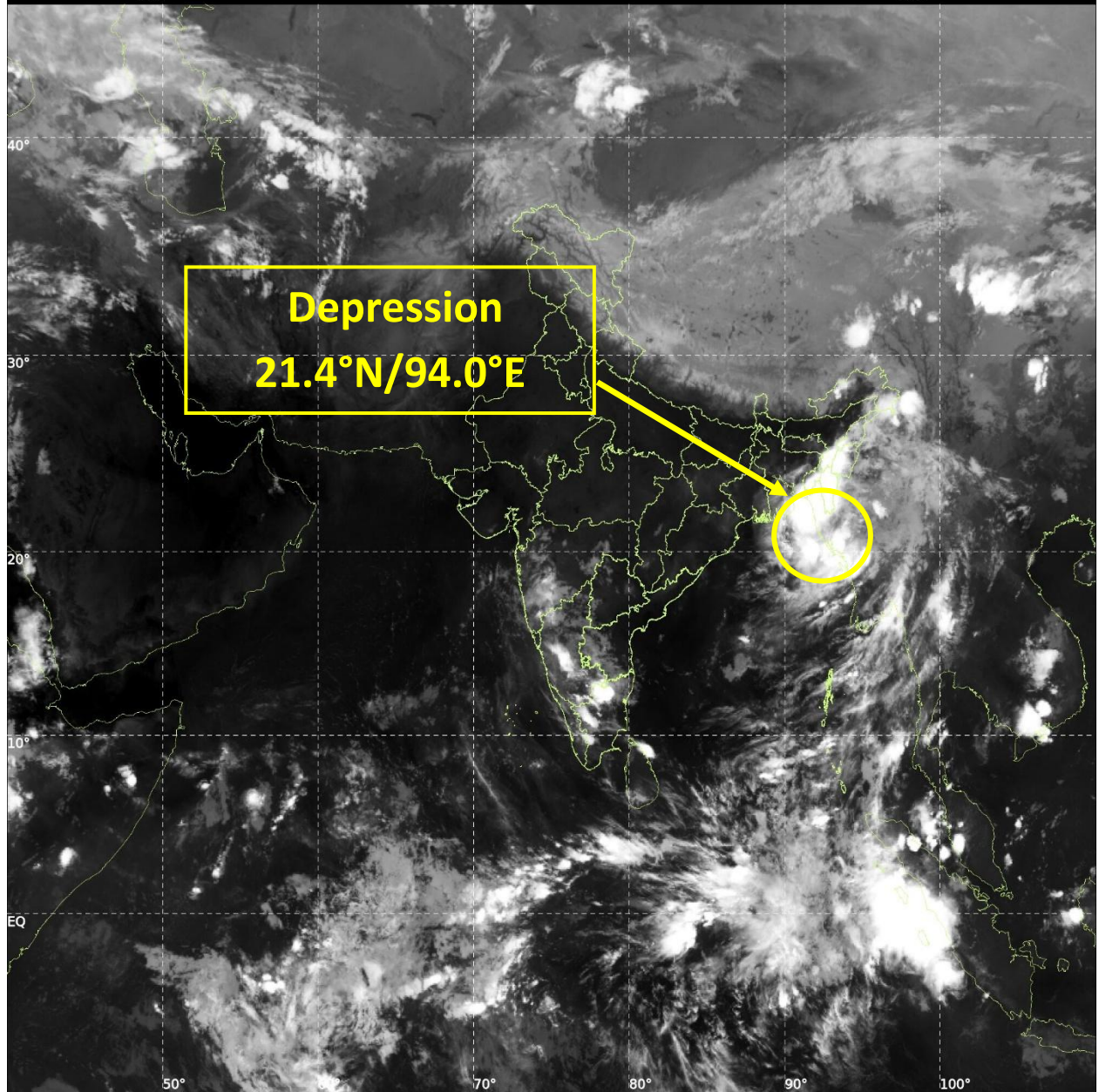
Copy to: ACWC Kolkata/ACWC Chennai/CWC Bhubaneswar/CWC Vishakhapatnam/Regional Meteorological Centre –Kolkata, Chennai, Guwahati/ Meteorological Centre Agartala, Aizawl, Shilong, Kohima, Imphal



INSAT-3DS IMG, Thermal Infrared1 Count @ 10.83 μm
GMT:29-09-2026/(1800-1827) IST:29-09-2026/(2330-2357)
L1C MERCATOR (LINEAR STRETCH: 1%)

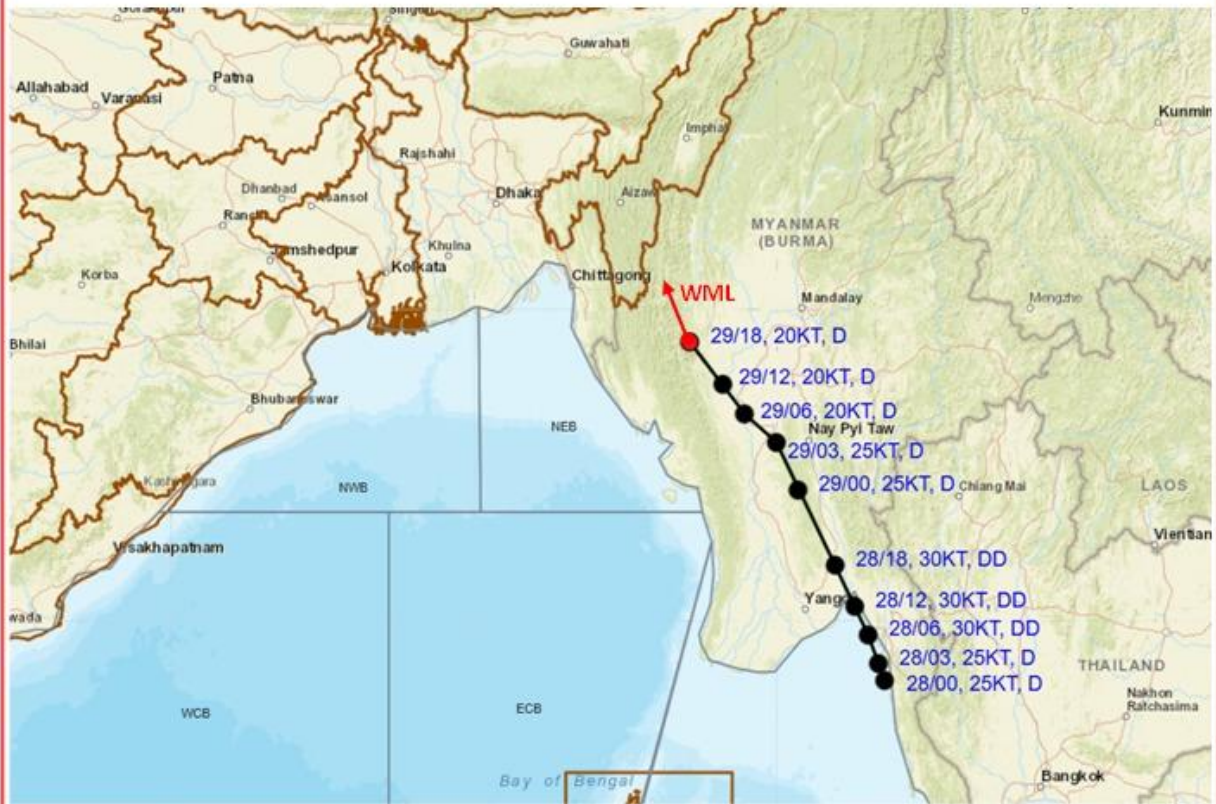
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OBSERVED AND FORECAST TRACK OF DEPRESSION OVER COASTAL MYANMAR AND ADJOINING NORTHEAST BAY OF BENGAL & SOUTHEAST BANGLADESH BASED ON 1800 UTC (2330 Hrs. IST) OF 29TH SEPTEMBER 2026



DATE/TIME IN UTC

IST= UTC + 0530

L: LOW PRESSURE AREA

WML: WELL MARKED LOW PRESSURE AREA

D: DEPRESSION (17-27 KT)

DD: DEEP DEPRESSION (28-33 KT)

CS: CYCLONIC STORM (34-47 KT)

SCS: SEVERE CYCLONIC STORM (48-63 KT)

VSCS: VERY SEVERE CYCLONIC STORM (64-89 KT)

ESCS: EXTREMELY SEVERE CYCLONIC STORM (90-119 KT)

SuCS: SUPER CYCLONIC STORM (≥120 KT)

● LESS THAN 34 KT

● 34-47 KT

● ≥ 48 KT

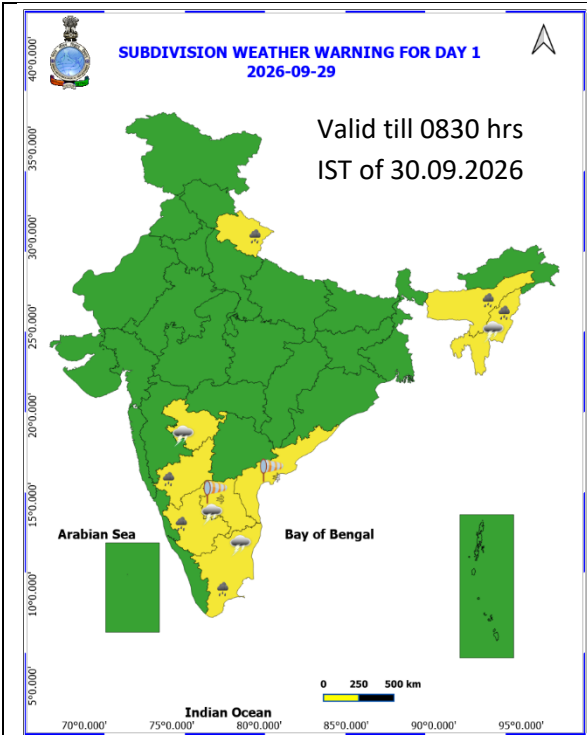
■ OBSERVED TRACK

■ FORECAST TRACK

▲ CONE OF UNCERTAINTY

				Forecast distance (km) and direction of the centre from nearest 5 stations				
Forecast Date and Time	Lead Period (hrs)	Lat	Lon	Station 1	Station 2	Station 3	Station 4	Station 5
29.09.2026 18:00 UTC	0	21.4	94.0	MINDAT (10, ENE)	HAKHA (140, SSE)	CHITTAGONG (AMBAGAN) (250, ESE)	LENGPUI (310, SSE)	IMPHAL/TULIHAL (370, S)

Weather Warning Graphics



- | | | |
|----------------------|----------------------|--------------|
| Fog | Heavy Snow | Cold Wave |
| Heavy Rain | Dust Storm | Cold Day |
| Very Heavy Rain | Heat Wave | Ground Frost |
| Extremely Heavy Rain | Warm Night | |
| Thunder & Lightning | Hot Day | |
| Hailstorm | Hot & Humid | |
| Dust Raising Winds | Strong Surface Winds | |

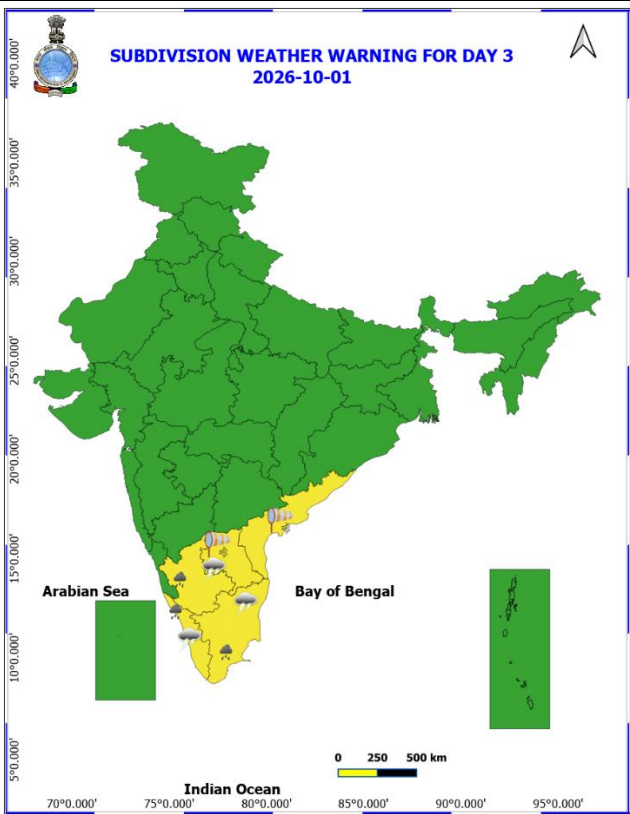
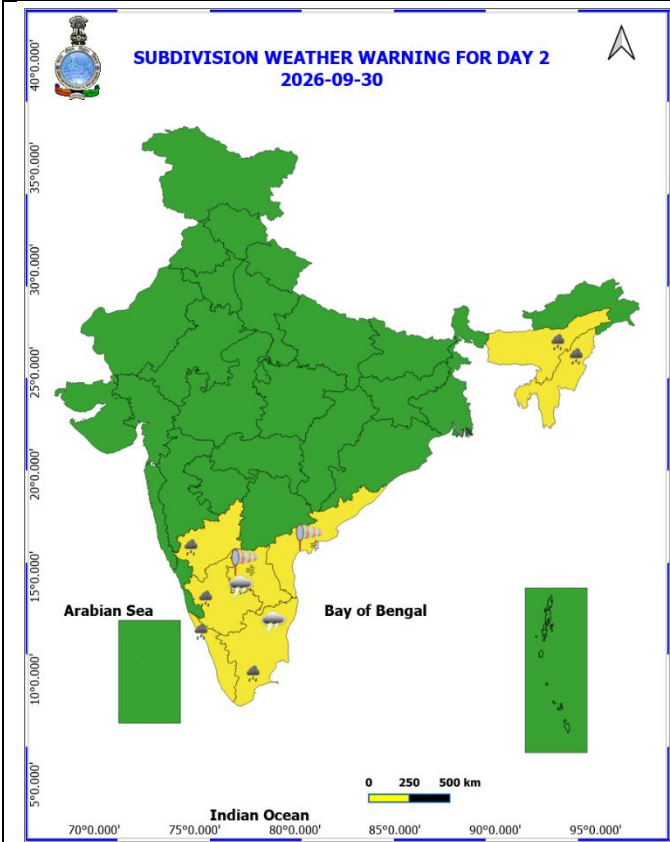
COLOUR CODED WARNING

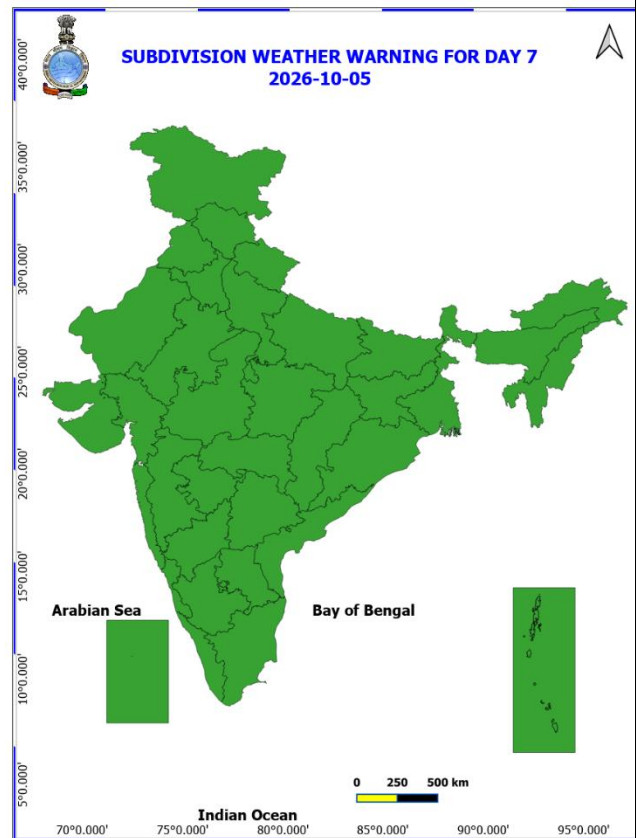
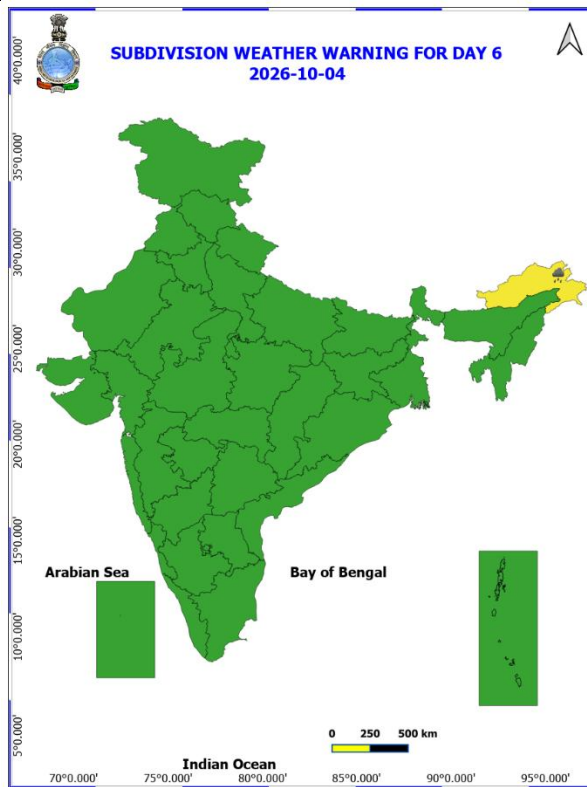
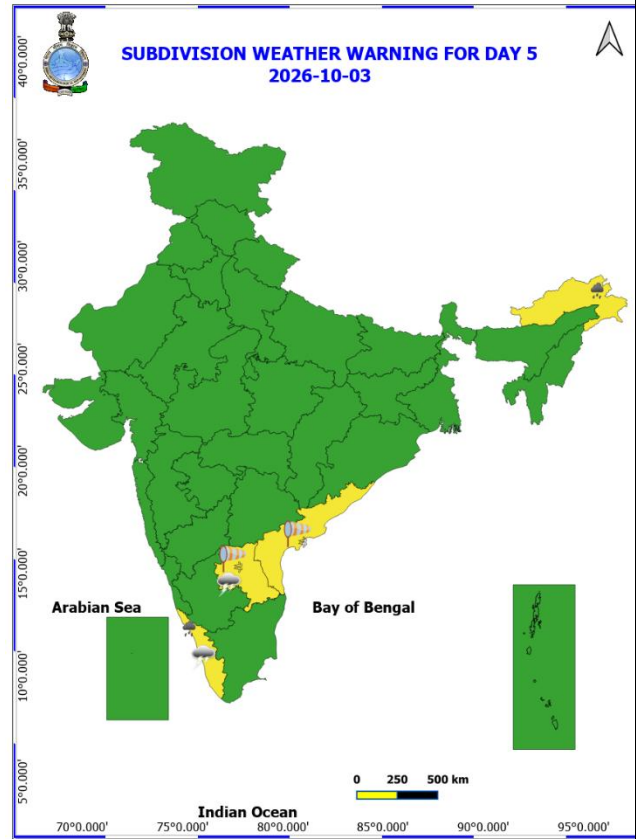
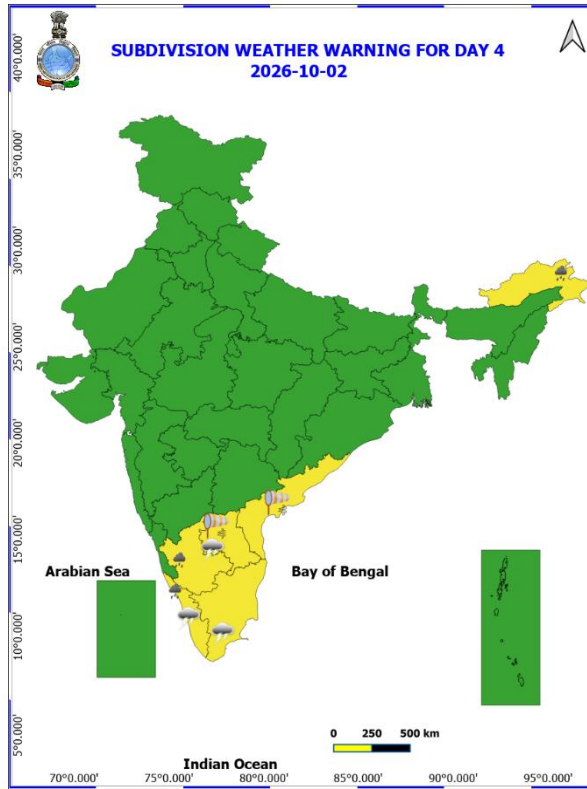
No Warning (No Action)

Watch (Be Aware)

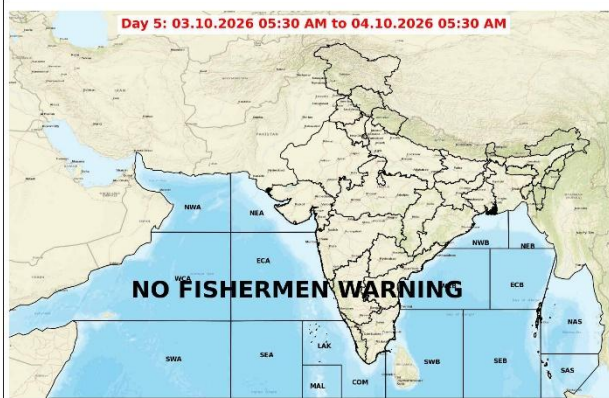
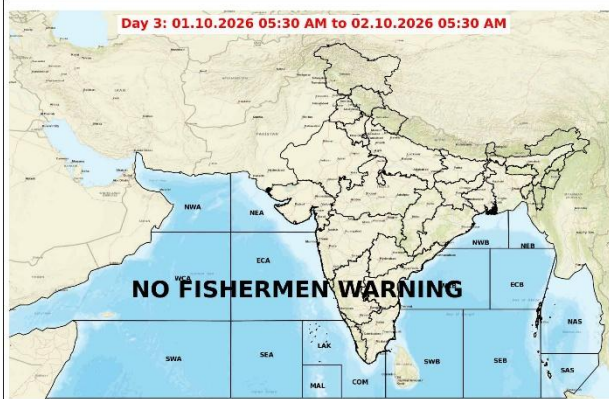
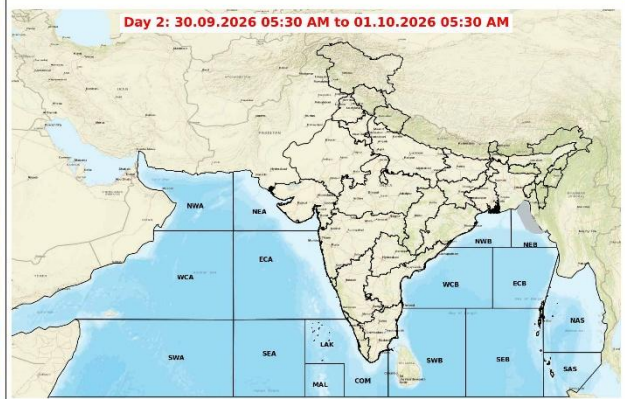
Alert (Be Prepared To Take Action)

Warning (Take Action)





Fishermen Warning Graphics



Legend

Squally Weather with wind speed 35-45 kmph gusting to 55 kmph	Squally wind with speed 55-65 kmph gusting to 75 kmph
Squally Weather with wind speed 40-50 kmph gusting to 60 kmph	CS with Gale winds with speed 60-80 kmph gusting to 90 kmph
Squally Weather with wind speed 45-55 kmph gusting to 65 kmph	SCS with Gale wind speed 90-110 kmph gusting to 120 kmph
Squally wind with speed 45-55 kmph gusting to 65 kmph	VSCS with Gale wind speed 120-165 kmph gusting to 185 kmph
Squally wind with speed 50-60 kmph gusting to 70 kmph	ESCS with Gale wind speed 165-220 kmph gusting to 245 kmph

Fishermen are advised not to venture into the marked areas.