



**REGIONAL SPECIALISED METEOROLOGICAL CENTRE -TROPICAL CYCLONES, NEW DELHI  
TROPICAL WEATHER OUTLOOK**

**DEMS-RSMC TROPICAL CYCLONES NEW DELHI DATED 14.03.2026**

**TROPICAL WEATHER OUTLOOK FOR THE NORTH INDIAN OCEAN (THE BAY OF BENGAL AND THE ARABIAN SEA) VALID FOR THE NEXT 168 HOURS ISSUED AT 0600 UTC OF 14.03.2026 BASED ON 0300 UTC OF 14.03.2026.**

**BAY OF BENGAL:**

Yesterday's upper air cyclonic circulation over Lakshadweep and adjoining Comorian area became less marked at 0300 UTC of today, 14<sup>th</sup> March, 2026.

Yesterday's upper air cyclonic circulation over Gulf of Mannar & neighbourhood became less marked at 0300 UTC of today, 14<sup>th</sup> March, 2026.

Scattered low and medium clouds with embedded isolated weak to moderate convection lay over the Andaman Sea.

**\*PROBABILITY OF CYCLOGENESIS (FORMATION OF DEPRESSION) DURING NEXT 168 HRS)**

24 HOURS	24-48 HOURS	48-72 HOURS	72-96 HOURS	96-120 HOURS	120-144 HOURS	144-168 HOURS
NIL	NIL	NIL	NIL	NIL	NIL	NIL

**\*NOTE: EVERY 24HR FORECAST IS VALID UPTO 0300 UTC (0830 IST) OF NEXT DAY**

**ARABIAN SEA:**

Yesterday's upper air cyclonic circulation over Lakshadweep and adjoining Comorin area became less marked at 0300 UTC of today, 14<sup>th</sup> March, 2026.

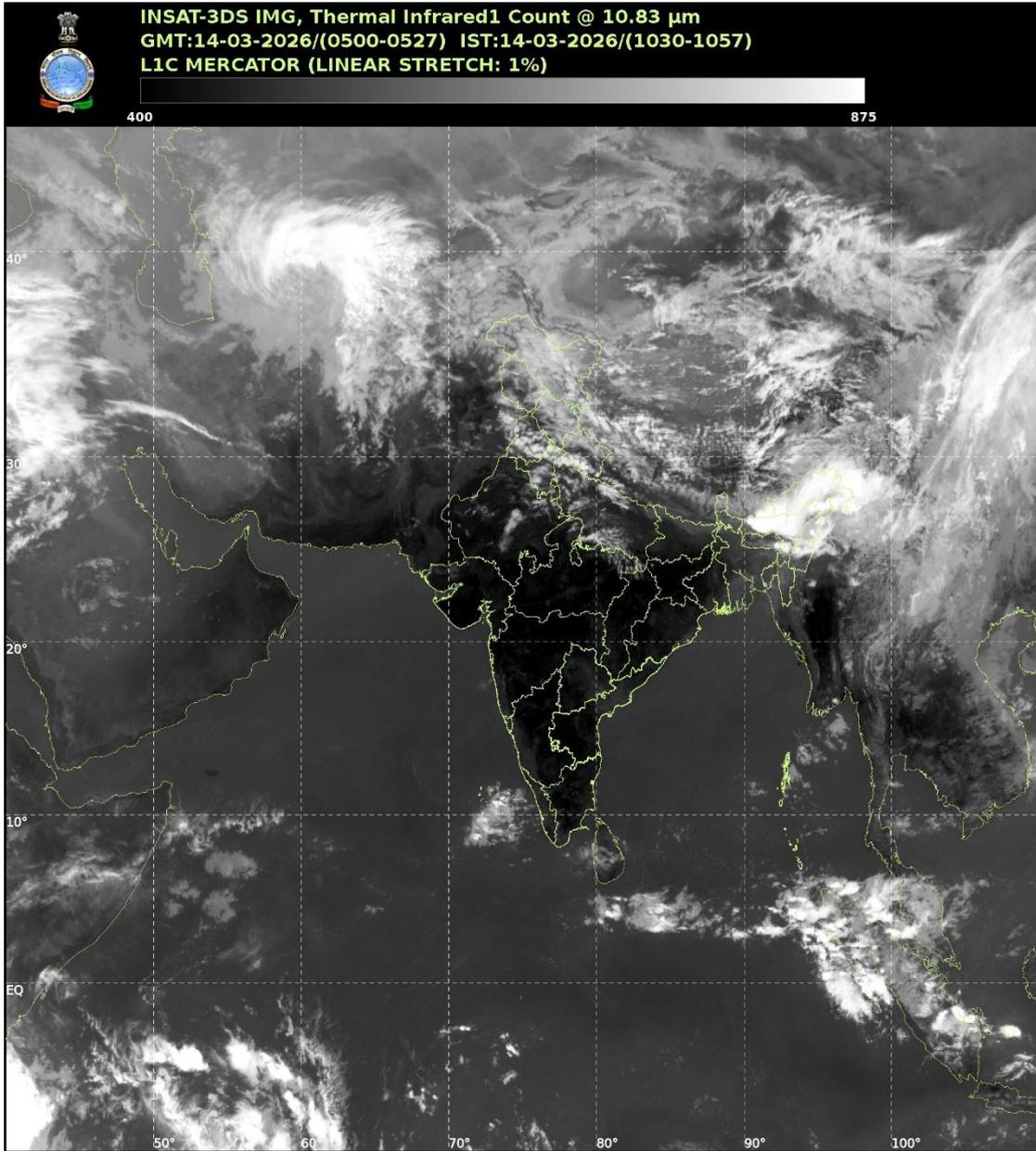
Scattered low and medium clouds with embedded moderate to intense convection lay over the Lakshadweep island area. Scattered low and medium clouds over south Arabian Sea and the Comorin area.

**\*PROBABILITY OF CYCLOGENESIS (FORMATION OF DEPRESSION) DURING NEXT 168 HRS:**

24 HOURS	24-48 HOURS	48-72 HOURS	72-96 HOURS	96-120 HOURS	120-144 HOURS	144-168 HOURS
NIL	NIL	NIL	NIL	NIL	NIL	NIL

**\*NOTE: EVERY 24HR FORECAST IS VALID UPTO 0300 UTC (0830 IST) OF NEXT DAY**

**REMARKS:** Nil



Cloud distribution: (a) Isolated: <25%, Scattered:25-50%, Broken: 51-75%, Solid:>75%, Convection Intensity: (a) Weak: Cloud Top Temperature(CTT)>-25°C, (b) Moderate: CTT:-25°Cto-40°C, (c) Intense: CTT: -41°Cto -70°C and (d) Very Intense::Less than -70°C Probability of cyclogenesis (formation of depression) :NIL:0%, LOW:1-33%, MODERATE:34-66% and HIGH:67-100%  
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